



The Countryman

Piece, Carnkie, Redruth,
Cornwall TR16 6SG.

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CARN BREA



JUDO CLUB NEWS LETTER

May 2007

www.carnbreajudo.co.uk

Easter course

Once again the organisers of the Easter course delivered an exceptional event. The weather was with us, which is always a plus, and the attendance was fantastic.

Friday saw faces new and old turning up, for the start of a judo packed Bank Holiday week end. There was plenty to do, with fantastic tuition on the main mat in standing and ground work techniques, a full programme of Kata, FPJ course, first aid, and randori sessions which displayed some excellent judo. Not forgetting the catering team that provided all the necessary sustenance, bacon rolls included, to keep the hungry hordes happy.

Members of Carn Brea once again showed support and attended both the course and the grading, many achieving a grading on the Sunday, and those who never achieved a grade this time, went away with gained experience.

Competition at the grading was, as usual, hard and exciting, with displays of fantastic Ippon Judo, which included members of Carn Brea Judo Club. Darren Collick work hard and achieved his 1st Dan, Dave Holland had his 2nd Dan confirmed and Craig Dadd produced a fantastic display of Ippon Judo, achieving him his 2nd Dan and a personnel congratulations from BJC President, Sensei Robin Otani.

Sunday evening closed as usual with the course party, with good music and plenty to drink and one or two fancy dressed members of the course bringing a smile to everyone's face.

Congratulations to all that graded, and hears looking forward to the next St Ives Easter Judo Course.

Easter Course Grading

Lisa Ivey	Green Belt
Jacob Matthews	2 Green Tabs
Harris Fisher	3 Orange Tabs
Locryn Williams	Green Belt
Malcolm Scott	Green Belt
Jake Bowles	Orange Belt
Frazer Delves	Orange Belt
Jessamay Roberts	1 Yellow Tab
Joshua Goldsworthy	Green Belt
Amy Ireland	Orange Belt
Darren Collick	1st Dan
Dave Holland	2nd Dan (Confirmed)
Craig Dadd	2nd Dan

DAN GRADE ROLL OF HONOUR
1974- 2007

NAME	GRADE	CURRENT CLUB
1. * Penny Grigg (nee Crocker)	4 th	Bristol Koi
2. * Janet Williams (nee Laity)	2 nd	CBJC
3. * Andrew James	2 nd	CBJC
4. John Bagnall	1 st	Cornwall
5. Steve Gilbert	1st	Cornwall
6. * Patrick Laity	1st	Cornwall
7. Marleene Wyatt	1st	Cornwall
8. Alan Potter	2 nd	CBJC
9. * Sean Gray	2nd	CBJC
10. Pascal Esprone	1st	Seychelles
11. * Nicky Etchells	2nd	CBJC
12. * Scott Waterhouse	1st	New Zealand
13. Peter Safier	2nd	Deceased
14. * Alex Waterhouse	1st	London
15. * David Dowding	4th	Sensei Threemilestone
16. Andrew Burrows	2nd	Wales
17. * Elizabeth Hatch	1st	CBJC
18. * Spencer Gray	1st	CBJC
19. Adrian Thomas	1st	Cornwall
20. * Nathan Doble	1st	Cornwall
21. * Jonathan Walters	1st	CBJC
22. * Mark Chiverton	2 nd	Isles of Scilly
23. * Anthony Richards	1st	CBJC
24. Rob Piper	3 rd	St Ives
25. * Paul Wheeler	1st	Newquay
26. Andrew Chiverton	1st	Isles of Scilly
27. * Mark Rowe	1st	CBJC
28. * Nigel Penaluna	1st	CBJC
29. * John Smith	1st	CBJC/ Neil Adams
30. * Michael Barnett	1st	CBJC
31. * Billy Brown	2 nd	CBJC/ Royal Navy
32. * Tony Brown	1st	CBJC/ Royal Navy
33. * Liam Ault	1st	CBJC/ Royal Navy
34. Andrew Waterhouse	2 nd	CBJC
35. Ricky Pender	1st	Isles of Scilly
36. * Terry Noble	2 nd	CBJC/Cardiff
37. Kirsty Graham	1st	CBJC
38. * Craig Dadd	2 nd	CBJC
39. Sheila Ivey	1 st	CBJC
40. Steve Dadd	1st	CBJC
41. Rob Radley	1st	CBJC
42. David Holland	2 nd	CBJC
43. *Darren Collick	1 st	CBJC

Club Summer Barbeque

FOOD

GAMES

DRINKS

All club members and families are welcome to join in the fun at Porthkidney beach on Sunday 22nd July. Meeting on the beach at 2.30pm.

As this is a beach party, we would ask you to bring with you food for the Barbeques and any drinks. If you are able to bring a Barbeque please let Sensei Jacky or Tom know.

Hope to see you all there.

Charity Events

Merlin Project, in aid of M.S.

Wednesday 25th July, from 2.30pm onwards.

Wizards Day, Fun sponsored walk.

More information regarding these events will be available in the next news letter.

FIRST AID APPOINTED PERSON 1 DAY COURSE



SUNDAY 3 JUNE 2007



The one day first aid appointed person course will be held

At Threemilestone Judo Club

It will be instructed by a fully qualified instructor (Chris Prissell) the Cost of the course will be **£35 per person** which includes a recognised certificate on successful completion of the course.

Start Time: 9.30am - 4pm. All applications **must be in by Wednesday 30 May 2007** including payment of fee. If anyone is interested in attending, please speak to Sensei Janet.

Area/Club Calendar Dates 07/08

Event	Venue	Date	Time
Full Area grading Primary /Junior/Senior And Dan grading (if numbers permit)	Penzance Leisure Centre	Sunday 24 June 2007	9.15am start
First Aid appointed person course	Threemilestone	Sunday 3 June	9.30-4pm
Area meeting	Threemilestone	Tuesday 5 June 2007	7.30pm
Carn Brea Judo Club Meeting	Illogan Football Club Oxland Road	Thursday 5 July 2007	7.30pm
Junior Nationals	Hereford	1 st July 2007	
Carn Brea Beach Barbeque	Porthkidney Beach	Sunday 22 July	2.30pm
Full Area Course and grading Primary /Junior/Senior And Dan grading (if numbers permit)	Penzance Leisure Centre	Saturday 10 and Sunday 11 November 2007	9.30am

Cornwall Area Teams	Penzance Leisure Centre	Sunday 2 December 2007	9.30am
Cornish area invitation open championships	Penzance Leisure Centre	Sunday 24 February 2008	9.30am

Congratulations Tony.

Tony Humphrey's took part in the BJC Nationals on 6th May, where he gained a silver medal. He had four fights, with the final fight being decided on a decision after neither fighter received a score. Tony's new season has begun with a full programme ahead of him. He will be fighting in the Kent International next month, and thereafter The Heart of England. Last year Tony was ranked no. 5 for his weight category in Britain, and during 2006, Tony travelled approximately 40,000 miles to his various judo functions which included, competitions, grading, and training sessions. We all wish Tony success for the up and coming year, and look forward to following his progress through out the year.

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The Countryman

Piece, Carnkie, Redruth,
Cornwall TR14 5EP

Carn Brea Judo Club would like to say a **BIG** thank you to the proprietor and staff of The Countryman, for their continual support and sponsorship

Thank you

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DON'T FORGET

Do you wish to be considered for any grading – then you must attend 4 classes prior to grading day.



Area grading fees are as follows:

Primaries £7 Juniors £8 Seniors £9

HALF TERM BREAK.

There will be no Judo on Tuesday 29th.

Look forward to seeing you all back on the mat on Tuesday 5th July.

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TROPHIES

Please could all winners of trophies from the club championships, please return them back to the club as soon as possible please.

Many thanks.

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CONGRATULATIONS

To Abi James and Lisa Ivey who achieved Gold medals at the Somerset Championships. Hopefully we will be able to give you the full story and photos in the next news letter.

Well done ladies.

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If your child enters any area run event held at Penzance Leisure Centre your child will receive a subsidised swimming ticket. A subsidised swimming ticket will allow that person to swim for **Only £1** and will be issued to the recipient following their grading or competition.

Swimming tickets issued by the area are to be used on that day.

WELL WORTH ENTERING AN AREA GRADING OR COMPETITION



TOT OF THE WEEK

A special purple tab is awarded to the tot of the week in addition to the tot of the week trophy.

All tots are aged between 4 and 7 years old

Lorcan Williamson -For always doing his best
Charlotte Carpenter- For having the most improved
rolling breakfalls

George Stephens— For lovely etiquette

Lucy Radley –For winning the Koka run

Special Award Kieran Daughtery (age 5)

For good knowledge of theory

Ben Mitchell –For being a good ground work judoka

(Awarded by Callum Moyle)

Luke Philips_ For using varied throwing techniques

Luke Anthony – For always being happy and positive

Thank you all for your support

Sensei Janet

Judo tots are at 3.50pm

EVERY TUESDAY